

Multiday Camp Trip Suggested Packing List

Clothing

- Shorts (2-3 pairs)
- Pants (it can be cool in the evenings and mornings)
- Shirts (2-3) (1 long sleeve for sun protection on the river)
- Shirts to wear off the river in the evening (2-3)
- Socks
- Underwear
- Light jacket (it can be cool in the evenings and mornings)
- Hat - IMPORTANT
- Swimsuit (2)
- River shoes (strap-on sandals or shoes that you can get wet)
- Off-the-river shoes (another pair of dry shoes to wear off the river)

Camping

- Sleeping bag
- Sleeping pad (optional, if you don't have one you can rent one from us for \$15, please let the OAM office know)
- Pillow (optional)
- Flashlight/headlamp
- Towel

Other Items

- Refillable water bottle
- Camera
- Sunscreen - IMPORTANT
- Sunglass strap ("chums")
- Chapstick
- Personal toiletries
- Plastic bag for wet clothes
- Plastic bag for dirty clothes

Notes

- EVERYTHING (including your pillow) needs to fit into your drybag
- We will provide you with a 110 L drybag to use on the trip
- As many of your "on the river" clothes as possible should be non-cotton as they will dry faster and help you regulate your body temperature better
- You will have access to a small drybag on the raft to keep small things you might want on the river with you
- We have been doing this for a long time. If you do not see it on the list, chances are you don't need it
- If you have questions, please contact info@oregonadventures.org